

Living in Canada compared to Living in Crawfordsville, IN

My husband and I had lived in Canada for the last seven years and experienced wonderful health care. When my husband retired, we moved back to the United States and settled in Crawfordsville, Indiana.

While in Canada, my doctor had diagnosed me with high blood pressure and put me on medication to control it. He also treated me for severe sleep apnea and chronic insomnia. My physician prescribed a C.P.A.P. for the sleep apnea and a low dose sleeping pill to deal with the insomnia. My physician felt it imperative to deal with the sleep problems, as I am overweight and the lack of sleep was causing me to crave more carbohydrates than was healthy.

Since my husband retired, he is self employed as a consultant in the lithographic field. He is over age 65 and eligible for Medicare. I am 64 years old and not eligible for Medicare. I felt that it would be cost effective to be a private pay patient rather than pay the high cost of an individual health insurance plan.

I called virtually every physician's office and medical facility in Crawfordsville and not one doctor would take me as a patient. I explained my need to be under the care of a physician for my medical conditions, and that did not matter to anyone in the local 'health care' delivery system. I was forced by the medical community to purchase an individual health insurance plan so I can get the medical care and medicine required to prevent my health conditions from going out of control.

While living in Canada, this United States citizen experienced more compassionate health care than is available to me in my own country

Susan Rubner